

Dermaplaning Treatment Prep & Post Care

Pre- Treatment

- No shaving, peels, waxing, or aggressive exfoliations one week prior to Dermaplaning treatments.
- You should wait 7 days after receiving Botox or Dermal Fillers to receive Dermaplaning treatments.

What To Expect

- There is no pain or discomfort during the Dermaplaning Facial.
- It is best to relax and allow the skincare specialist to move and manipulate the position of your head and face. Try to remain still.
- Talking will be restricted by your skincare specialist at certain key times during the treatment.

Post Treatment

- Use a gentle cleanser and apply moisturizer at least twice daily for a minimum of 7 days post-treatment.
- Avoid sun exposure for a minimum of 3 days post-treatment and apply SPF daily
- Avoid excessive heat 3 days post-treatment (hot showers, heavy workouts, steam rooms or saunas, etc.)
- Avoid chlorine for 24 hours.
- Avoid facial waxing for 7 days.
- Avoid Dermal Fillers or Botox for 2 to 4 weeks based on area.
- Do not pick, scratch, or aggressively rub the treated area.
- No scrubs, polishers, or aggressive brushes should be used for 7 to 14 days.
- Do apply serums as absorption levels will be elevated
- You may experience slight peeling for the first few days. Slight windburn sensation and/or blotchiness are normal for the first few days. Skin care products may tingle or slightly burn for the first 2 days.

For best results, Dermaplaning treatments are recommended every 6-8 weeks.